

## Speak Up, Epping! Newsletter

Volume 9, Issue 4

**Epping, New Hampshire** 

July-August, 2016

#### About this Newsletter

This Newsletter is produced by the Speak Up, Epping! Communications Group. The purpose of the newsletter is to provide information about upcoming events and pertinent information from community organizations. Please note that no editorial, political or religious views will be accepted and the Communications Group reserves the right to edit submissions. If you would like to submit material for and/or receive this newsletter electronically, please visit our website at www.speakupepping.com

#### Check Out Our Newsletter Website

Be sure and check out our Speak Up, Epping! website: <a href="www.speakupepping.com">www.speakupepping.com</a>. Each new issue of the Newsletter will be available by downloading it from the website. You can also access news from the issue separately by topic and find late-breaking news, past Newsletters, town links and calendars.

Also, check out our **Facebook** page! Join us for more late-breaking news and events that did not make our Newsletter deadline.

## Watson Academy Receives Award



The NH Preservation Alliance honored the Town of Epping with a 2016 Preservation Achievement Award for the rehabilitation of Watson Academy. Seven Epping residents were in Concord in the City Auditorium on May 10<sup>th</sup> for the presentation of the Award and Carol Clapp gave a wonderful speech on receiving it.



Epping residents in Concord to accept the Award. From left to right: Michael Vose, Sandy Goodspeed, Joy True, Charlie Goodspeed, Carol Clapp, Barbara Helmstetter, David Clapp

#### Award description paragraph in Program

Celebrated at its opening in 1883 as "our gem on the hill," Watson Academy is listed in the National Register of Historic Places for its associations with the development of public education in the town of Epping and as an excellent example of a rural and regional interpretation of the Queen Anne style.

Used for nearly 100 years as a school, Watson most recently housed the Epping Recreation Department and Senior Citizens. In 2012, the building was closed over structural concerns, believed by many to have been caused by a slight earthquake earlier that year. Different studies offered different solutions, all costly, and public debate ranged from "do nothing" to "tear it down." A dedicated group of community members rallied to promote preservation and find a cost-

effective rehabilitation plan.

With the Preservation Alliance's Seven to Save designation, and a grant from the Land and Community Heritage Investment Program, the town of Epping partnered with Epping resident and UNH engineering professor Charlie Goodspeed and his students to engineer a solution that included removing an early "fix" that was holding first floor levels in place, installing new supports below the basement level, and reinforcing first floor framing. Other repair work was completed before a grand reopening earlier this year.

"Dear Watson" will continue to shine and serve its community thanks to commitment of many in Epping. Academy graduates and new-comers alike worked together to build community support and get the job done.

Carol Clapp and Her Speech



I am here on behalf of Watson Academy's many friends to say how very grateful we are to receive this award, an honor and privilege to have our "gem on the hill" recognized for its unique beauty and enduring service to the citizens of Epping.

I assure you that any of these friends who came here today are more worthy than I am to accept this award. Charlie and Sandy Goodspeed and Nicole Bizzaro — especially — did the actual work of remaining vigilant and determined to submit the best possible paperwork (as required) and, indeed, they physically repaired and brought the old school back to its current best-ever condition. Epping's Board of Selectmen and The Historical Society are also to be commended for their support.

I am here as a graduate of Watson Academy and a survivor of a previous restoration campaign ... when Watson Academy was condemned the first

time ... around 1980. Among other things, it had lost its bell tower. It had no bell.... which explains this thing around my neck. (Showed No Bell Prize)

We call it "The Highly Coveted Epping No Bell Prize." On Memorial Day of 1983, Governor John Sununu draped this medallion over the shoulders of a local woman, Diane Burnham Byrne. Fortunately, Diane was a charitable citizen and immediately returned over \$1,000-worth of fabulous cash prizes to the project. This, of course, made everyone happy and set a tone of generosity and good luck. It says so right here on the medallion: GENEROSITY & GOOD LUCK.

That was 33 years ago. Ms. Byrne has long since left Epping, and indeed moved out of the country – to Pugwash, Nova Scotia. I haven't discussed Watson Academy with her for decades.

So, imagine my surprise when ... two weeks ago ... after 33 years ... and just ONE DAY before this Achievement Award was announced ... the No Bell Prize was returned to me. "This is from Mom," said her daughter Hannah. "She wants you to put it in Watson Academy's trophy case." Hannah was on a horse, so it was like a Paul Revere message: The Achievement Award is coming! To arms!! Or at least celebrate GENEROSITY and GOOD LUCK! – two qualities epitomizing and protecting our heritage into the future.

Watson Academy. Long may it stand! Thank you.

## End 68 Hours of Hunger in Epping

End 68 Hours of Hunger has just delivered the last bag of food for the normal school year! Our program provides weekend food to school children in Epping that are not getting enough food between Friday lunch and Monday breakfast. The children stay anonymous to our group. From January to June we delivered 486 bags of food to the school at the approximate value of \$4860.

We want to thank the Epping community for the wonderful support our program has received. We especially thank the Seniors, Lions Club, Boy Scouts, Girl Scouts, Library and the schools for all the food donated over the last six months. We also thank the community members who made cash donations or supported us during the Walmart food drive. We also can't forget our volunteer packers and The Stove Shoppe for donating our storage space.

Moving forward we will be providing bags of food for the students during the summer school weeks and then start full force again in September.

We are also very excited to be coordinating a "Touch the Trucks" event for the community on Sunday, **September 18<sup>th</sup>** from 10 am to 2 pm (rain date Sept 25<sup>th</sup>) at the Epping middle/high school parking lot. All proceeds for this event will benefit our program.

We are always looking for volunteers to help with food collection, fundraising, and inventory. If you are interested please contact us at eppingnh@end68hoursofhunger.org or follow us on Facebook. If you believe your student could benefit from this program please contact the school.

Karen Poplaski and Shannon Garwich, Coordinators

#### Touch the Trucks

We are excited to have a "Touch the Trucks" event in Epping to support our End 68 Hours of Hunger program!

On September 18<sup>th</sup> from 10 am to 2 pm we will be holding the first Annual "Touch the Trucks" event to benefit Epping's End 68 Hours of Hunger program. The event will be held in the Epping middle/high school parking lot and people will park in the elementary school parking lot. We will accept cash donations at the door and once inside people we be able to purchase food and tickets for activities. DJ Bob Fauci will be providing music for the event and food trucks will be on hand. Activities will include raffles, face painting, dunk tank and more. We will have police, fire, and state police cars, construction trucks, race cars and more, available for kids to see up close and personal.

"Touch the Trucks" will be a great event for our community, schools, and our program. If you are interested in volunteering or have a "truck" you would like to have highlighted at the event, please contact us at touchthetrucks@gmail.com or call Karen Poplaski at 548-6116. Follow event updates and pictures at www.facebook.com/touchthetrucks/. Event updates will also be in The Carriage Towne News.

With sincere thanks! *Karen Poplaski and Shannon Garwich, Coordinators* 

#### Senior Moments

Years ago senior citizens were known to be slow, but the way this world is spinning, we can hardly hang on. But our Watson Academy Senior Citizens Club helps us enjoy the ride.

This year our annual picnic was really a scavenger hunt. Our first destination was the Park at Rye Harbor but the strong wind and cool air quickly blew us away. Our second destination was

back home at Watson, but we were turned away because of ongoing construction. The third and final destination was our reliable backup at the Fire Department. We finally unpacked, spread out the homemade goodies and enjoyed our picnic. Thanks to the Epping Fire Department.

Another new venture we enjoyed was a visit to the Wolf Meadow Cheese Farm in Amesbury, MA. It wasn't really a farm but a charming cheese factory owned and operated by Marco, the Italian master who proudly creates delicious fine cheeses. We know because we sampled them all. We also learned to appreciate fine cheese. No more of that other stuff!!

We just couldn't stay away from the Butterfly Place in Tyngsboro, MA. Although the butterflies only live a few days, they put on quite a show while flying around your head and among the flowers. It's a fantasy world. They even land on us as we weave our way along the path trying to avoid the little birds dashing under the leaves. A real treat and yes another "GO SEE."

Senior citizens grab as many pleasures as we can. One will be coming our way on **Thursday**, **July 21**<sup>st</sup> when the Recreation Kids treat us to a scrumptious Ice Cream Social. The kids are great and we know the treats will be great. We can hardly wait.

Look for us at the big Birthday Bash on **August 20**<sup>th</sup>. Just follow your nose and you'll find us selling hot buttered popcorn. If popcorn is not on your diet, just stop by and visit.

No other activities during the summer. The original visit from the NH Fish & Game officers was canceled because of an unexpected commitment. They will be here in the fall.

Here we go....you know you're getting old when you look through your steering wheel instead of over it. You know you are getting old when you complain that you cannot understand the words to today's music. (Here is the best) - You know you are getting old when you can no longer cut your own toenails. (Hit a nerve?)

The summer months work out well. While the kids enjoy Summer Recreation programs at Watson, we enjoy the shade trees or the air conditioned Mall. The swinging door will move again when they go back to school and we go back home.

A special welcome to our new members who came from the Brentwood Club. It's nice to have you aboard.

Have a great Summer!
Submitted by Irene R. Cote, Secretary

## 275<sup>th</sup> Birthday Bash Committee Epping to Celebrate 275 years 1741-2016

This year is the 275<sup>th</sup> Anniversary of the incorporation of Epping as a town and **August 20<sup>th</sup>**, **2016** is our big day to celebrate!!!

We're going to celebrate with a parade, fireworks and Olde home days all in one day! Here are some of the day's activities:

Grand Parade – starts at 9:30 am at the Epping Legion (line-up starts at 9:00 am)

Children's games and contests directly after the parade at the Epping School Complex

Horseshoe tournament, beanbag toss, bed race and food

Craft Fair – 9:00 am to 3:00 pm in the Epping Middle School Gym

Fireworks at 9:00 pm!!!

Please start getting ideas for your organization's float and/or marching unit for the parade. We also would like to see decorated baby carriages, strollers, wagons and bicycles.

For more information call 396-9436. To volunteer call the Town Hall at 679-5441 or Cliff at 396-9436. Our meetings are the 3<sup>rd</sup> Tuesday of each month at the Town Hall

#### **Craft Fair**

The 275<sup>th</sup> Birthday Bash Committee will be holding a Craft Fair on **Saturday**, **August 20**<sup>th</sup>, from 9:00 am to 3:00 pm in the Middle School Gym. If you would like to rent a table, the cost is \$10 for a space approximately 8 x 6, plus a donated item to be raffled. The table vendors should all be different, so do your craft shopping. Buy local!

All proceeds are to benefit the 275<sup>th</sup> Birthday Bash Committee. The money raised will be used to purchase fireworks for the Town of Epping.

To rent your space please call 679-2733 or e-mail kenbethd@comcast.net.

#### **Bed Race**

A Bed Race is fun for everyone! Your team builds a bed. During the race, four members push, one member rides. The race begins at noon at Cate Street at Elm Street.

There will be prizes given to the top finishers. All races will be timed by stopwatch.

## Other 275<sup>th</sup> Anniversary Events Epping Night at the Drags

Epping Night at the Drags on Tuesday, July 12<sup>TH</sup> from 6:00 to 9:00 pm for Epping Residents: Adults, Teens, And Kids. Drive your car on the New England Dragway. Kids, Teens race your bicycle on the Dragstrip. This is a free event. Concessions will be open.

Helmets are required for any vehicle that runs quicker than 13.99 seconds. Average streetcars will be slower than this. Anyone that has a modified streetcar could be in that range.

Motorcycles are acceptable. However, you must have a leather jacket, helmet, over the ankle shoes or boots, and leather gloves. There are other safety requirements based on actual speed or elapsed time, but as with the cars, most will not be necessary for average street legal motorcycles.

Teens and kids can run their bikes down the track. They will set up a 330-foot or eighth mile time for them.

#### **Free Concerts:**

#### **Summer Concert at Camp Hedding**

Come enjoy a summer concert at Camp Hedding on **Saturday**, **July 9**<sup>th</sup>.

Funky Divas of Gospel from 6-7 pm Fleurey from 7-9 pm Light refreshments will be served.

#### Windham Concert Band

The Windham Concert Band (45 volunteer high school and adult musicians) will give a summer concert at the American Legion Post in Epping as part of our 275<sup>th</sup> Birthday celebration. The concert will be on **Wednesday**, **August 10**<sup>th</sup> (Rain date: Thursday, August 11<sup>th</sup>) at 7:00 pm. Their music repertoire consists of pops-type music such as Sousa marches, Broadway tunes, movie themes, and many other arrangements of old and modern concert band songs.

### 275<sup>th</sup> Birthday items on sale at Town Hall

Birthday Pottery Mugs are for sale for \$15, Matching Plates are \$20. "Epping Air" soy candles are \$15. Epping 275<sup>th</sup> key chains are for sale for the amazing low price of \$5. T-shirts are available in two colors, Royal and Sky Blue, and two sizes, \$15 Adult and \$12 Youth. Town Flags are \$50. All are being sold from the Selectmen's Office at the Town Hall.



Submitted by Cliff Cray

## 275<sup>th</sup> Birthday Progressive Dinner Report

Submitted by Eunice Miller

What a day! Just under 100 of us from town. made stops by bus to five of our area churches for what is known as a progressive dinner. We started at the Quaker Meeting House for appetizers, what a beautiful house of worship. This church meets quietly so today's chatter and laughter seemed to be welcome, as it was an event held for our celebration of our town's 275th birthday. Then we went for salad at a church on the Epping/Raymond line. Once again greeted warmly and treated to a great slide show, too, - we even went home with gift bags. The next stop was just up the road, heading back into town, and here we had our choice of delicious soup, so good with our fresh bread. Then we were off to a very large church where they really pulled out all the stops. So many Italian specialties from Pasta, Meatballs, Mac and Cheese with Squash, Stuffed Shells - 2 varieties, Lasagna and Eggplant Parmesan, I am certain I have forgotten a few and fresh garlic bread. When we thought we could eat no more it was off to our last stop. downtown at the Community Church were we listened to music as our stomachs made room for dessert :) Great vocals and musicians came together and the congregation made us feel welcome. Coffee and Punch and Strawberry Shortcake and Cake, yes Birthday Cake. Sorry you could not join us. To Tom and everyone who put this together THANK YOU! I saw so many having a wonderful time it truly felt like a community.

#### News From the Town

Upcoming dates:
July 4<sup>th</sup> – Town Hall closed
August 20<sup>th</sup> - 275<sup>th</sup> Birthday Celebration

#### POW/MIA Chair Dedicated at Town Hall

About 50 people gathered at the Town Hall for the dedication of the town's POW/MIA chair, which now sits near the entryway. These memorial chairs are a project of Rolling Thunder, a veteran's support group based here in Epping. Their goal is to place a chair in each New Hampshire town. Each chair represents and honors the 90,000 men and women missing since World War II.

### In and Around Epping

Brickyard Square is now completed. The site next to Telly's was just conditionally approved for indoor storage, retail, a car wash, and expanded parking for Telly's. We also have a subdivision going in off of Nottingham Square Road and French Road.

## Cell Phones for Our Troops Donate your old cell phone.

More than 150,000 troops are serving overseas and are away from their families. Please make a donation of your old cell phone so they can call home, providing these soldiers with a much needed connection to their loved ones. There is a drop off box at the Epping Town Hall for your convenience.

## The Pease Greeters Need Our Help!

The Pease Greeters, hundreds of volunteers, meet our Armed Forces any time of day or night, as they pass through Pease International Airport on their way to a war zone or on their way home. For more than eleven years, Greeters have welcomed service members on every flight with a warm meal and beverage, small gifts, a cell phone to call home and a hearty round of applause. And for that we give the Greeters our warmest and most sincere thanks. The Pease Greeters began welcoming flights in 2005 and last week reached the milestone of having welcomed 1000 flights. Recently, the number of flights through Pease has increased and the Pease Greeters are in need of monetary help. We need to support our service men and women any way we can. If you can give any amount, please make a check payable to Pease Greeters and send or drop it off to Joyce at the Town Hall.

To learn more about the Pease Greeters, sign up for flight alerts or to make a contribution, visit www.peasegreeters.org



## Epping Lions Club "We Serve"

### We Want YOU to Join the Epping Lions Club https://www.facebook.com/EppingsLionsClub www.epping.nhlions.org

The Epping Lions Club was established in April 2009 and we sponsor several exciting events throughout the year, including the Lamprey River Canoe Race in April and the Highnote Festival in September. We support sight programs and services including vision screenings and eyeglass recycling and we provide assistance to local families in need of eyeglasses. There are several eyeglass drop locations around down – Checker's Barber Shop, Epping Town Hall, Walmart, Harvey Farms and Edward Jones. You can donate your old glasses at one of these locations and change someone's life.

April's Canoe Race was very successful – we had a great turnout and everyone had a wonderful time. In May, the Lions were thrilled to award two scholarships this year to deserving graduating seniors. Our next event will be the Highnote Festival in September, and we are planning some surprises! Please reach out to one of the officers below or any fellow lion you know if you would like more information about our group. With your involvement and ideas, we look forward to creating even more special fundraising events. We understand people have busy lives and the Lions Club allows you to volunteer as little or as much as you like.

If you're interested in learning more please visit our website: **www.epping.nhlions.org.** Meeting times are posted and are generally the 4<sup>th</sup> Tuesday of the month at 6:30 pm. We currently meet at the Harvey-Mitchell Memorial Library. We'd love to see you!

Colleen Palmer, President colleenmariepalmer@hotmail.com Cheryl Denoncour, Treasurer cdenoncour@gmail.com Deb Brooks, Eyeglass Collector lexusreina@comcast.net



# TALES FROM EPPING'S PAST Where In Epping Did Our Three Governors Live?

#### William Plumer (1759-1850)

William Plumer, the first of the three New Hampshire governors from Epping, was born in Newburyport, Massachusetts. His father Samuel, wanting more of the country life for his family, bought a farm near Red Oak Hill and they moved to Epping when William Plumer was about nine years old.

That house and farmland remained in the family for generations thereafter. It was the place William Plumer always loved and called home, where his children were born, and where he died. His old colonial house is no more. Years ago it was demolished by fire and eventually taken down.

A house on Plumer Road known as "Plumercrest" now stands on the site of the original one. It was built by the governor's granddaughter, Elizabeth Olivia Plumer.

Close by where his old home stood, is the old cemetery where William Plumer, his wife Sally, and family rest.

#### David Lawrence Morrill (1772-1849)

Governor David Lawrence Morrill, the second of our governors from Epping, was the son of Anna Lawrence and Dr. Samuel Morrill. He was born and raised in a sturdy garrison house built during the 1700's by his grandfather and namesake, David Lawrence, for protection against Indian attacks. That ancient garrison house, now long gone, stood on the road to and from our parent town of Exeter.

When Governor Morrill moved to Concord in 1831, Daniel Watson Ladd acquired the property and built his family home there the following year. It was at that time that this part of our old road to Exeter became known, as it is today, Ladd's Lane.

Governor David Lawrence Morrill and his wife Lydia are buried in the Old North Cemetery in Concord near the gravesite of President Franklin Pierce.

#### Benjamin Franklin Prescott (1833-1894)

This is the only governor's house still standing in Epping and most of us know just where it is. It was built in 1875 by Governor Prescott on the site of the first Prescott home, built there by his great grandfather over 100 years before.

At the time the governor built his house, the property had been in the Prescott family for at least five generations. In their wildest dreams, not one of them could have imagined the great festival, complete with hot air balloons, music and crowds, now held every September on their ancestral turf.

The bricks for the original house on the property were made right there which leads to an interesting story. As the bricks were setting, the family dog decided to stroll over some of them permanently leaving behind his exact paw prints. When Governor Prescott built his new house, the newspaper of the time reported that he had made sure that some of those old "paw bricks" were set in full view at the base of the chimney in his cellar. They were discovered there many years later by Cory McPhee and Julie DiTursi, the present owners of the Prescott house, They then named their popular Epping restaurant "Zampas," which means "paws" in Italian.

In 1894 Governor Prescott died in his home on Prescott Road. He and his wife Lucy are buried in the Blossom Hill Cemetery in Concord.

And in 1987 the Prescott House was put on our National Register of Historic Places.

Enjoy your summer everyone!

This is 33<sup>nd</sup> in a series for Speak Up, Epping! Text/Research: Madelyn Williamson

## Epping Historical Society

The months of May and June have been very busy times at the society. We had an exhibit at the society for Memorial Day, but the parade was cancelled due to the rain. A few generous people loaned us several artifacts from their personal collections about the Vietnam War. We had a wonderful aerial map of Vietnam, which is now part of the Epping Historical Society. I talked to several Vietnam veterans, and they still cannot share the horror they experienced in the War, and the treatment they received when they came home. A very special thank you to all our Vietnam Vets!!

We are changing our exhibit this month, to reflect Epping's 275<sup>th</sup> birthday. We are exhibiting all of our old clothing. We have several boxes of donated dresses, skirts, blouses, and even vintage undergarments. We even have a man's nightdress! We will display this collection for the summer. We have a very old black silk dress, dating to the late 1790's, and it is indeed a treasure. If anyone has any clothing they would like to loan to us for this

exhibit, please call or e-mail, and we can make arrangements.

We presented two scholarships this year. We had a lot of applications and it was a very difficult decision for the committee to decide who were to receive the scholarships. All of the applicants were qualified, so it was with a heavy heart that we could not give to everyone.

Have you bought your 275<sup>th</sup> Birthday buttons yet? For only \$3.00, you can purchase all three buttons. They are available at the Town Hall and the Historical Society. The buttons were designed by the Art students at all three schools. These young students have great talent - it was a pleasure to meet one of the winning students. The Art department, along with the Industrial Arts Department, created a shadow box displaying the winning buttons, with their names and pictures. This shadow box is now proudly displayed at the Epping Historical Society.

How many readers of this newsletter remember "The Fairy Tale Lady"? Virginia Ryan Willey was a very talented lady, who had her own radio program every week. Virginia was on WMUR radio every Saturday in the late 1940"s. She wrote poems, plays, stories and scripts for her radio program. Coming soon, a full story on "The Fairy Tale Lady" in Speak Up Epping. Do you have any special stories about Virginia that you would like to share?

We are still taking orders for memorial bricks for our walkway. The bricks are \$50.00, and you can have a total of 14 letters on each of three lines. Order forms are available at the society, or at the Town Hall. We also have cookbooks for sale - they are only \$10:00. Summertime is when we all have summer visitors. This would be a nice parting gift.

#### The Hoyt Shoe Shop

Benjamin W. Hoyt was born in Epping, and attended Epping Schools. As a young man he went to Boston and found work in a shoe store. He returned to Epping in 1869, and went into business with his father, manufacturing shoes. They purchased the "old brick school house" on Boar's Head Hill for a shoe factory. They added a third story and a mansard roof. These buildings were located at the top of the hill. One of the buildings was located on the northwest corner of Central cemetery, with the ell extending east, close to the narrow road we now call North Main Street. Benjamin W. Hoyt was the first to produce shoes on a large scale in Epping. Business was good, so two years later he built a four story wooden addition to the shoe factory. It was to be 50' by 30' with 25 skylights. F.E. Bean was the builder, and the frame

was made in Portland Maine. This was before the invention of modern electricity, so windows and skylights were needed in the factories to manufacture shoes. Business continued to be good and in the spring of 1876 he planned to build a three-story addition to the building that was constructed in 1872. This factory provided jobs for four hundred people, men and women. They manufactured a special shoe called the "Princess Boot." The shoe was a high button shoe with a medium heel. It was beautiful and very high fashion at the time and advertised as the "best boot in the world for the money." The cost was \$2.50. Most of these shoes were sold in New York and the West.

Just south of B.W. Hoyt's factory, was a large brick building. This hotel was called Prospect House, and was owned by Moses Perkins. He operated the hotel and boarding house for the factory workers. This brick building is now the former home of Eddy Lavoie, on Boar's Head Hill. In 1881 disaster struck! A large fire destroyed the wooden and brick buildings. The old brick building was gutted and the wooden buildings were leveled to the ground. At that time they were producing seven thousand cases of shoes a year. Two years later Mr. Hoyt formed a new company. The new shoe factory was built on the south side of Main Street, where the former Central School is now located.

Benjamin W. Hoyt died March 21, 1886, a few days after his marriage to Miss Annie M. Clapp. He was 42 years old. After Mr. Hoyt died, the directors voted to sell out to Jennings and Stevens of Haverhill, Mass. Both Jennings and Stevens were Epping men and continued to operate the factory until 1889, when they moved the business to Haverhill, Mass. A year later the vacant building burned to the ground.

We are open Mondays from 8:00 to 12:00, or whenever the flag is flying. If this is not convenient for you, please call and I can make an appointment to meet you there. We can be reached at 679-2944.

Research by Joy True, based on material from Donald Sanborn Submitted by Joy True, curator

#### Children and Nature

Submitted by Sandy Goodspeed, guest contributor

After attending the NH Coverts Project volunteer training workshop, focused on wildlife conservation and forest stewardship, I decided to read and share with you a meaningful book, *The Last Child in the Woods: Saving Our Children From Nature Deficit Disorder.* The author, Robert Louv states, "The children and nature movement is fueled by this

fundamental idea: the child in nature is an endangered species, and the health of children and the health of the Earth are inseparable." In his book, Louv cites many studies that show direct exposure to nature is essential for a child's healthy physical and emotional development. The campaign is this: **Leave No Child Inside**.

Throughout the book, Louv references copious studies showing how trends are separating us and our children from nature. We no longer think much about the origin of our food, the understanding of our relationship with other animals is increasingly intellectual, and wild animals are invading our towns and cities. Some communities have outlawed unstructured outdoor play, primarily due to threats of lawsuits and concern with order. As open space shrinks, overuse increases. This all sends a chilling message to our children: islands of nature are to be seen and not touched - your free range play is unwelcome; being in the woods is to be feared and forbidden. Families have less leisure time, more of that precious time is spent with the TV and computer, and obesity is greatly increasing due to sedentary lifestyles.

I urge you to read this book and discover for yourself more about why these things are happening, what is being done to change the situation, and more specifically, what you can do within your own environment. At the very end of the book, Louv lists 100 things we can do to help our children reattach to nature. While there is not room here to list them all, I did pull out a few to whet your appetite for more and, most importantly, inspire you to take action!

- 1. When speaking with your children, eliminate the words "be careful" and in their place say, "Pay Attention." Not only will this reduce fear (a major cause of staying away from the woods), it tells them they can make good decisions when they have all the facts.
- View nature as an antidote to stress. Children and parents feel better after spending time in the natural world, even if it's in your own backyard.
- 3. Tell your children stories about your special childhood places in nature, then help them find their own.
- 4. Help your child discover a hidden universe. Find a scrap board and place it on bare dirt. Come back in a day or two, lift the board and see how many species have found shelter there.
- 5. Revive old traditions. Collect lightning bugs at dusk, release them at dawn.

- Encourage your kids to go camping in the backyard. Buy them a tent or help them make a canvas tepee, and leave it up all summer.
- Be a cloud spotter; build a backyard weather station. A young person just needs a view of the sky and a guidebook; cirrostratus, cumulonimbus, or lenticularis.
- 8. Make the "green hour" a new family tradition; time for unstructured play and interaction with the natural world. Even fifteen minutes is a good start.
- Adopt the "sunny day rule." One father reports, "Even though it causes dissension and complaining at first, I'm serious about it." TV and inside games are appropriate if it's rainy or cold outside. "I tell them, Go! Go build something!"
- Take a hike. Or be the stroller explorer. Find
   critters. Discover footprints and mole holes.
- 11. Go for a family walk when the moon is full.
- 12. Keep a "wonder bowl" for acorns, mushrooms, rocks, etc.
- 13. Learn to use all of the senses at the same time; sit under a tree and consciously listen to every bird song and bug call, watch and be aware of what the body is touching, what the nose is smelling.
- 14. Encourage your children to build a tree house, fort or hut. You can provide raw materials, sticks, boards, blankets, boxes, ropes and nails, but it's best if kids are the architects and builders. Pay attention to safety issues and damaging the tree

If you want information about the Coverts project, or you'd like to share comments about the book and/or your thoughts about Epping children in particular, please send me a message. I'd love to hear from you! <a href="mailto:sandygoodspeed@comcast.net">sandygoodspeed@comcast.net</a>.

### The Civil War Roundtable of NH

The Civil War Roundtable of New Hampshire is on its summer break. Our new season of programs on Civil War topics will begin on Friday, September 16, 2016 at 7:15 pm at the Epping Town Hall. (Doors open 6:45 pm.)

We wish to thank everyone who came out for our 25<sup>th</sup> Anniversary celebration on May 20<sup>th</sup>. The room was full of members, guests, families, and old faces, many of whom we hadn't seen in years. We also wish to thank the Town of Epping for being our

home base since day one.

The Hardtacks were fantastic as they blended musical entertainment with history. Audience participation was encouraged and children especially got involved.

Earlier that day, The Hardtacks visited a school in Epping and had a similar effect on the students there that they brought to the people at the Epping Town Hall that night. A special thanks goes to The Hardtacks, who received the Stephen Foster Award that night from our friends at the Civil War Roundtable of the Merrimack.

Founded in May 1991, the Civil War Roundtable of New Hampshire is a group of men and women, young and old, who share our interests, both blue and gray, in the pivotal era of American history known as the Civil War. We are open to the public and welcome all! As our slogan goes, "There's no time like the present to join us in the past."

If you or a friend have an interest in the American Civil War, we invite you to come check us out. For more info on the group and a complete schedule of meetings and news, please visit the web site: <a href="www.cwrt-nh.org">www.cwrt-nh.org</a> or email <a href="www.cwrt-nh.org">cwrtnh@gmail.com</a>.

This is the CWRT-NH schedule for 2015-2016:

**Note:** The schedule is subject to change without notice. You can access the CWRT-NH website for the current schedule. If a meeting is cancelled, a notice will be put on ETV.

**September 16, 2016** – Don Streeter – "Civil War Town Memorials in New Hampshire"

October 21, 2016 – Chuck Veit – "Sea Mariner: Major E. B. Hunt's Rocket Torpedo of 1863!"

**November 11, 2016** – Clay Feeter – CWRTNH Ancestor Soldier Campaign Map

**December 2016** – no meeting – Happy Holidays!

Submitted by Bill Hallett

## Lamprey River Advisory Committee Lamprey River Water Testing Summary

New Hampshire recognizes the Lamprey River as worthy of extra protection and management. The US Congress recognizes it as a National Wild and Scenic River. So, how clean is its water? While the water is, for the most part, "fishable and swimmable," the complete answer can be a bit tricky.

With that question in mind and armed with 23 years' worth of data, we now have a much better

response when people ask about the state of the water. Under the guidance of researchers from UNH and Lamprey Rivers Advisory Committee members, UNH student Mark Kotowski scoured lots of water quality testing data and analyzed trends. Here, in a nutshell, is what he found:

Dissolved oxygen (the amount of oxygen gas, O<sub>2</sub> that is dissolved in water and is needed by fish and other aquatic organisms to live) meets minimum standards in most places most of the time; however, some notable exceptions do exist. One North Branch River site along New Boston Road in Candia does not meet the minimum standard on average. The cause of this is unknown, but shallow, slow moving water in proximity to wetlands might be a factor. Other sites occasionally do not meet the minimum standard, but when this happens more than 10% of the time in summer, the water must be classified as "impaired." Impaired status is a big deal and requires corrective action.

pH (a measure of acidity) in general is satisfactory in the Lamprey and its tributaries. The water is slightly less acidic and more neutral as one moves downstream. Newer data show some slight improvement compared to older data. Many sites show a trend of becoming more acidic following heavy rain events.

Nitrate (NO<sub>3</sub>-, a key nutrient) levels have held steady over the last 23 years at most sampling sites, but two sites showed a significant increasing trend. All sites were well below the maximum concentration (10mg/L) for human health.

In summary, the water in the Lamprey is fishable and swimmable; however, variability over time and location can lead to concerns. Dissolved oxygen and nitrate should be monitored carefully, as changes in these parameters can have a detrimental effect on the health of aquatic life. For the full report, see <a href="http://www.lampreyriver.org/UploadedFiles/Files/water-qual-23">http://www.lampreyriver.org/UploadedFiles/Files/water-qual-23</a> yr report 2016.pdf.

## Summer 2016 Happenings along the Lamprey River

**Tuesday, July 19:** Come learn what water science is and why it is important, as well as what we all can do to keep the water in our rivers clean. 6:00-7:00 pm, Smyth Public Library, 55 High Street, Candia.

**Tuesday, July 26**: Join an experienced naturalist to find and learn about some the aquatic critters found in the Lamprey. Meet at the Harvey-Mitchell Memorial Library at 12:45 pm. Wear shoes

that can get wet; no flip flops. All ages welcome. Rain date: July 28.

Saturday, August 20: Dip your toes and paddles into the Lamprey's tidal water for the First Annual Lamprey River Splash and Dash canoe and kayak race, Schanda Park, Newmarket. This afternoon event will feature a 3 km race out to Great Bay and back, a ½km race for novices, and a Rock 'n Roll theme boat parade. Stay tuned, as final details are still being worked out. Visit http://www.newmarketrec.org.

#### **Boating Wake-up Call**

Summer's here and folks can hardly wait to get out and play. The convertibles are out of winter storage, as are the boats. Bring on the sun and fun!

We are all well aware of speed limits on our roads and why they exist. Some roads are built for speed, others are not. Going fast on a road not built for speed is dangerous to the people on that road and often to the road itself. Hitting a soft road shoulder at a high speed can contribute to the undermining of the road

Our rivers have speed limits, too, but people often do not understand why. Few rivers can tolerate speed. People in kayaks and canoes are at risk when big waves approach. Even when no paddlers or swimmers are present, almost all our local rivers have "soft shoulders" and are vulnerable to damage when water hits them hard, both from fast currents during floods and boat wakes. When soft river banks are hit by rough water, soil is loosened and eroded.

Once erosion starts, it tends to continue, cutting deeper and deeper into the banks. This makes the banks less stable and more likely to collapse. All that eroded soil clouds the water and ends up settling on the bottom, where it smothers plants and animals that live there as well as reducing the depth of the water. After a while, the river that was so enjoyable before becomes less and less attractive.

Award Program Description; According to New Hampshire law RSA 270-D:2, VI, Safe Passage, if you are less than 150' from someone's boat, dock, swim raft, shore, rocks, or almost any other object (except navigation buoys), then you should be at headway speed, whether a No-Wake sign is present or not.

Boaters can step up and be peer advocates for no-wake zones. Watch the shoreline as you go past and make sure you do not jostle the plants. If you see other boaters leaving a wake, note the registration number and contact the NH Marine Patrol at 293-2037. Extend thanks to boaters who respect the safety of others and the integrity of the shore and our rivers.

Summer goes by fast enough; enjoy it by slowing down.



Helping communities protect the Lamprey River. Submitted by Suzanne Petersen

#### Fiber Fest at Riverslea Farm

What are You doing Sunday, August 14<sup>th</sup>? Join us for the 2016 Seacoast Fiber Fest at Riverslea Farm from 10 am to 2 pm on **Sunday, August 14<sup>th</sup>**. This is a kid-friendly, family-friendly event, but please leave the dogs at home.

There will be loads to learn, see and feel: basket weaving, looming, sheep shearing, felting, spinning and more.

The farm store will be open with all our products for sale.

We can't wait to see you!
For more info, visit www.riversleafarm.com

Submitted by Liz Conrad



## Epping Garden Club

The Epping Garden Club held its Annual Pansy Bowl sale and our supporters came out in droves! We cannot thank you enough and are sorry those 70 degree temperatures did not continue. Your pansies should survive with water (yes rain counts). We have spots in town to add them to as well but they have been spending the really cold nights under a tarp. They need sunshine and days that are a little warmer, just like we do.

Around Mother's Day we had 10" hanging baskets available for those who gave flowers to their moms, aunts and grandmothers and wives to celebrate their Special Day. Two of them were for sun loving locations (Wave Petunias and Ivy Geraniums) and two were for shady spots (Fuchsia and New Guinea Impatiens).

We will do what we can to clean up our plantings around town. However, trash is being dumped in them and signs are being added for non-garden club purposes. Also, the constant destruction by trucks/cars running up and over our plantings, makes it seem pointless at times. Then again there are those of you who do not litter throughout the town and who actually enjoy what we do, so we will push forward to make the majority

of residents happy. Speak up if you see people doing all they can to trash your town. You can bet we will! How much are cameras?

Submitted by Eunice Miller

## Outside Watering Ban in Epping

There is still a mandatory outside watering ban in effect in Epping. Epping town wells are currently at critically low levels and water conservation is very important. The Town is working hard to bring two new wells online.



## Leddy Center

The Leddy Center's 42<sup>nd</sup> season continues with the musical "Oliver!" from July 8<sup>th</sup> to 24<sup>th</sup>.

The Leddy Center is proud to announce its NH Food Bank campaign throughout the run of its production of Lionel Bart's hit Broadway musical, "OLIVER!" Theatergoers will be encouraged to bring a non-perishable item with them for the NH Food Bank, when they attend "OLIVER!" at Leddy Center in July. "Oliver!" runs July 8<sup>th</sup> through July 24<sup>th</sup>, with performances on Friday and Saturday evenings at 7:30 pm and Sunday and Wednesday afternoons at 2:00 pm.

"Mary Gatchell is in Concert" on September 30<sup>th</sup>. Next is Frank Capra's masterpiece "It's a Wonderful Life" from October 21<sup>st</sup> to November 9<sup>th</sup>. To start off the Christmas season, Leddy gives us Charles Dickens' holiday classic "A Christmas Carol" from December 2<sup>nd</sup> to 11<sup>th</sup>.

Individual tickets are \$20 and are available online at <a href="www.leddycenter.org">www.leddycenter.org</a> or by calling the Leddy box office at 679-2781, Monday through Friday, from 3:00 to 5:00 pm. Call the box office for information on our group rates. Leddy Center is located on Ladd's Lane, off Route 27, in Epping, NH, and is air conditioned for your comfort and fully accessible.



### ETV Schedule

Channel 22 – ETV – Schedule of live programs Monday–Tues. July 5, Monday 18; Aug. 1, 17, 29 – Selectmen –7 pm

<u>Tuesday</u>–July 12; Aug.2 –Water & Sewer –7 pm <u>Tuesday</u>–July 19; Aug.16 –Library Trustees –7 pm <u>Tuesday</u>–July12; Aug. 9 – Conservation

Commission –7 pm

Wednesday – July 6; Aug. 2 – Parks & Recreation Commission – 7 pm

Wednesday – July 20; Aug. 17 – Budget

Committee –7 pm

Thursday-July 7, 21; Aug. 4, 18 - School Board

–7 pm

<u>Thursday</u>–July 7; Aug. 11 –Planning Board –6 pm <u>Friday</u> – Civil War Roundtable – No meetings Monday meetings are rebroadcast:

1/2 hour after meeting

Tuesday - 7 am

Wednesday - 11 am

Thursday - 3 pm

Monday - 2 am

#### Tuesday meetings are rebroadcast:

1/2 hour after meeting

Wednesday - 7 am

Thursday - 11 am

Monday - 3 pm

Tuesday - 2 am

#### Wednesday meetings are rebroadcast:

1/2 hour after meeting

Thursday - 7 am

Monday - 11 am

Tuesday - 3 pm

Wednesday - 2 am

#### Thursday meetings are rebroadcast:

1/2 hour after meeting

Monday - 7 am

Tuesday - 11 am

Wednesday - 3 pm

Thursday - 2 am

All dates and times are subject to change. Please consult the ETV Bulletin Board or the Town website for any changes or updates.

Always remember that Board meetings are available any time at your convenience if you go to <a href="http://etv22@pegcentral.com">http://etv22@pegcentral.com</a>. They are usually available the day following their "live" broadcast.

"Live" video streaming is also available. Watch live meetings anywhere while they're broadcast: http://etv22.pegcentral.com/live/live\_etv22.html.

The new ETV email is eppingtv22@gmail.com



## Scouting Around Epping

#### **Cub Scout Pack 136**

Pack 136 is looking for boys and families who are looking for adventures. Cub Scouts is for boys entering grades 1 to 5. Cub Scouting has ideals of spiritual and character growth, citizenship training and personal fitness. The Scout Oath is a pledge of duty to God and family. The Scout Law is a simple formula for good Cub Scouting and good

citizenship. The Cub Scout motto, "Do Your Best," is a code of excellence. We believe in involving families and Cub Scouting provides opportunities for families to work and play together and have fun together.

Cub Scout Summer Camp – **July 10<sup>th</sup> – 14<sup>th</sup>**July Pack Meeting: **Wednesday, July 20<sup>th</sup>**from 6:30 to 8:00 pm at the Epping Elementary
School

August Pack Meeting: **Wednesday**, **August17**<sup>th</sup> from 6:30 to 8:00 pm at the Epping Elementary School

If you would like information about joining Cub Scouts, please contact our **Cubmaster**, **Jeff Falkingham** at cubmaster@pack136epping.org.

Join us on Facebook and keep track of the Pack <a href="http://m.facebook.com/group.php?gid=1990596851">http://m.facebook.com/group.php?gid=1990596851</a> <a href="http://gefd-1990596851">09&fbb=r6c4d2187&refid=46</a> or go to our website where you can find more Pack information at <a href="http://www.pack136epping.org/calendar">http://www.pack136epping.org/calendar</a>.

#### **Boy Scout Troop 136**

The boys had a fabulous time on their Battleship Cove trip. They got to sleep on a battleship and learn about its history during World War II.

The Senior Patrol Leader, Assistant Senior Patrol Leader, Patrol Leaders, Assistant Patrol Leaders, Quarter Master and other senior Scouts met at Camp Straw to plan our program for next year. They worked really hard to come up with a great year and they are excited about all the fun activities they have planned.

A small number of Scouts were able to attend the Flag Day Ceremony put on at the American Legion on June 14<sup>th</sup>.

Our last planned trip for this year was a fabulous camping trip to the White Mountains. The boys did a five-mile hike through the mountains and had a great trip!

Over the summer we have limited plans, but we will still be doing a few things. Please come see us at the 275<sup>th</sup> Anniversary Celebration on August 20<sup>th</sup>. The Boy Scouts will be selling hamburgers and hot dogs at the celebration.

#### **July/August Activities:**

July 30<sup>th</sup> – Summer Cookout Court of Honor July 31<sup>st</sup> August 6<sup>th</sup> – Summer Camp August 20<sup>th</sup> – 275<sup>th</sup> Anniversary for Epping

If you have a son who is interested in Boy Scouts please call Scoutmaster Stephen Sylvain at 6824801.

Submitted by Pat Oumansour



## h Epping Fire Department

The Epping Fire Department has a certified car seat inspector on staff. However, due to a rotating schedule, please call and schedule an appointment. Deputy Chapman can be reached at 679-5446.

Burn Permits are required for **all outside burning**. Permits will be issued at the fire station 7 days a week, 6:00 am-6:00 pm. Permits **Will Not** be issued when fire danger is class 3 or above.

If you have any questions contact the Fire Department at 679-5446

For Daily Fire Danger and an explanation of the different danger levels, follow the link below.

http://www.nhdfl.org/fire-control-and-law-enforcement/daily-fire-danger.aspx

## Epping Explorer Posts Fire Department Explorer Post 716

Exploring is part of the Learning for Life program of the Boy Scouts of America. We are co-ed and welcome all youth ages 14 to 20 years of age. Our meetings are held at the Epping Safety Complex on the 2<sup>nd</sup> and 4<sup>th</sup> Thursdays 6:30 to 8:00 pm. We are career oriented and welcome youth to check out the Fire and EMS services as a possible career.

Explorers learn how to use the Fire Department equipment and do search and rescue. Once the probationary (learning) period is over, they may assist on fire calls. Explorers are allowed to ride on the apparatus if seats are available and assist firefighters with the self-contained breathing apparatus (SCBA), supervise the rescue truck and perform many other duties at a fire scene.

For more information contact Captain Cliff Cray at 396-9436 or deacon100@comcast.net.

### Police Department Explorer Post 714

Youth 14 and older may also join the Police Explorer Post by calling 679-5122.

## American Legion News Monthly Breakfast Buffets

Monthly second Sunday breakfasts are being held from 8:00 to 11:00 am. Come enjoy our hot Breakfast Buffets on **Sunday, May 8<sup>th</sup>** and **Sunday, June 12<sup>th</sup>** - eggs, bacon, sausage, toast, pancakes, home fries, and coffee are all piping hot and ready to be enjoyed. Bring your newspaper and your appetite!

Prices have changed. The Buffet is \$8.00 for

adults, \$5.00 for children 6 to 12 and children under six are free - worth every penny!

We will be collecting food for End 68 Hours of Hunger in Epping.

## Epping Community Church

Our church service is at 9:00 am every Sunday morning upstairs in our Sanctuary. Come and listen to the word of God as he speaks to all of us individually. Following the service we have a time of fellowship for everyone to share a cup of coffee, a bite to eat and great conversation with friends...new and old. Sunday School is at 11:00 am for all ages including a adult class. Come and join us for worship - we'd love to have you! We are located on the corner of Main and Pleasant Streets.

Epping Community Church feels privileged to be a part of such a wonderful community and to have the opportunity to serve our community through the Food Pantry, Coats of Caring, Third Saturday Dinners, the ECC Annual Yard Sale held in June of each year, special events for community and individual needs, as well as the opportunity to share the love of our Lord, Jesus Christ through worship, music, special music presentations, prayer, Bible study, and so much more.

We will have no Third Saturday dinners in July and August and no "Soup of the Day Café" during the month of August.

The progressive dinner was a great success and many people participated from the local churches. We are grateful for the community spirit and support that has been shown for the Town of Epping.

The summer sees many on vacation and busy with breaks from school, college, and family outings. During this time our church is preparing for an important transition as we prepare for our pastor's retirement as Senior Minister of Epping Community Church. In his eighteenth year as pastor to our congregation and to many in our community, his final official Sunday at the church will be **August 26, 2016**.

We are reminded that God is good and that He is good all the time. He never fails! Join us Sunday mornings as we worship together at 9:00 am. See you in church!

## St. Joseph Catholic Church

208 Pleasant St. (Rte 27) Epping, NH 03042 Office telephone: 679-8805 Mass schedule weekdays: Mon, Tues, Thurs, Fri. 7:30 am Wednesday 7:00 pm Mass schedule weekends:

Saturday 4:00 pm

**Sunday** 8:00 am, 10:30 am and 6:00 pm

**Mondays** – Adoration – Noon to 9:00 pm

**Fridays** – Adoration – 8 am to 7 pm

If you have any questions, please call the Rectory Office 679-8805 or check our website at <a href="http://stjosepheppingnh.com">http://stjosepheppingnh.com</a> for further information.

## Epping Bible Church

Epping Bible Church invites you to join them throughout the week at 243 Pleasant Street in Epping.

Our Sunday mornings begin with a full, free breakfast from 8:15 to 9:15 am, followed by Sunday School for all ages at 9:15 am. The Gathering, a time for announcements and to share, is at10:05 am followed by morning service at 10:45 am. Sunday evening service begins at 5:00 pm. Families are welcome.

Sunday School features classes for all ages, from 2 year olds all the way to adults.

A free nursery for children – infants through four years – is provided during the morning and evening services. Children age four through third grade are invited to Junior Church during the morning service after praise and worship time.

On Wednesday nights there is a Bible Study at 6:30 pm at the parsonage.

The Awana program for children age 3 through sixth grade is held on Friday nights. It helps children learn about God's Word. For details, please contact Dora Brown at 702-2650 or at awana@eppingbible.org.

Epping Bible Church is located at 243 Pleasant Street in Epping. If you have any questions, please contact Pastor Ron Townsend at 247-0405 or at <a href="mailto:PastorRon@EppingBible.org">PastorRon@EppingBible.org</a>. Visit their website at <a href="https://www.eppingbible.org">www.eppingbible.org</a>.

## Providence Baptist Church

410 Pleasant Street, Epping, NH 03042

Phone: 679-8918 Weekly Schedule

Sunday Morning Service at 10:30 am

Wednesday Food Pantry begins at 10:00 am (for first time visitors, please have your photo ID and proof of residency with you)

Wednesday Time of Devotion and Prayer begins at 6:30 pm

(Check schedule for dinner nights!)

There will be a Blood Drive at the Church on **Friday**, **July 15**<sup>th</sup> from 1:00 to 6:00 pm.

For small groups and other events, please check out our website at <a href="www.pbcnh.org">www.pbcnh.org</a> or contact us at <a href="pbcsecretary410@gmail.com">pbcsecretary410@gmail.com</a>.

## West Epping Quaker Meeting House

The West Epping Meeting grew out of the Seabrook Quarterly Meeting in the middle of the 18<sup>th</sup> century. Records show that Joshua Folsom was a recorded minister among Friends in the community in 1772 – though he may have commenced his activities even earlier. The present Meeting House was built in 1851. The surrounding tall pines, dating from this period, have been a distinguishing feature of West Epping Village.

West Epping Friends meet for silent worship at 10 am every first and third Sunday of the month. We welcome visitors to our meetings to join with us. For those who would enjoy just visiting the Meeting House they may call the Clerk, Fritz Bell, at 244-1119 for a tour.



### Harvey-Mitchell Memorial Library

Epping's Public Library 151 Main Street 734-4587 (Adult Dept.)

679-5944 (Youth Dept.)

679-5884 (Fax)

harvmitch@gmail.com

www.eppinglibrary.com

Youth Dept. e-mail: hmmlyouth@gmail.com

Youth Dept. Facebook page:

http://www.facebook.com/eppinglibrary

Hours: Monday, Friday – 10 - 5 Saturday (change) – 10 - 2

Tuesday, Wednesday, Thursday 10 – 8

Closed: Monday, July 4th - Independence Day

Harvey-Mitchell Memorial Library is busy getting ready for the summer. Many varied programs are being presented this summer to accommodate the different age groups and the different interests.

Since our Summer Reading Program is action based-we have added several yoga classes to be held in August after the summer program is over. On **August 11, 16, and 18**, Leah Gatchell will conduct yoga classes for young children. The classes will be held in the youth room at 11:00 am. Please call to register. We will try to accommodate

as many youngsters as possible, however, due to space limitations, we will limit the number to 18.

Our Storybook Garden is growing! Stop by to see our Puss-In-Boots Garden and the Peter Rabbit Garden. The other gardens are a work in progress and should be completed soon. If you have any interesting plants you would like to donate to our gardens, please call or e-mail the HMML Youth room.

The Dusty Old Mystery Book Club has started meeting again. The book currently being discussed is called The Bone Is Pointed by Arthur W. Upfield. The next meeting is on **Wednesday**, **July 20**<sup>th</sup> at 7:00 pm. For more information call or e-mail the library at 734-4587 or harvmitch@gmail.com.

The HMML summer reading program has a wide variety of activities for all ages The summer reading program will run from **July 1**<sup>st</sup>, **to August 9**<sup>th</sup>. Students from ages 3-8 will get a prize for every 5 books they read or is read to them. Students 9 and up will get a prize for every 50 pages read of an age appropriate book.

On **Tuesday**, **July 5**<sup>th</sup>, from 11:00 am to 12:00 noon we will have a Bedtime Math activity.

**Thursday, July 7<sup>th</sup>** at 11:00 am Diane Kordas will present her puppet show, keeping with this summer's theme of "Ready—Set--Read"

**Tuesday, July 12<sup>th</sup>**, K&H Theatre Arts group will come in at 1:00 pm and do a Kinetic Art Activity. This group was in last year and was very popular with the children who attended.

**Monday and Tuesday July 18<sup>th</sup> and 19<sup>th</sup>**, Layne Case will present a 2 day writing program. This program is for children 3<sup>rd</sup> grade and up.

**Thursday, July 21**<sup>st</sup>, from 1:00 to 3:00 pm a sewing project will be held. The children will make an apron. Gale Soucy, a senior citizen from Epping, will help with this project. This is open to both boys and girls 7 and older.

**Tuesday, July 26**<sup>th</sup>, at 1:00 pm The Lamprey River Conservation Group will present a workshop for the children. The children will take a tour of the area and will have a scavenger hunt. The rain date for this program is Thursday, July 28<sup>th</sup>.

**Tuesday, August 2<sup>nd</sup>**, the K&H Theatre Arts group will present a program on Acting in Action. This program will be held at 1:00 pm.

On **Tuesday**, **August 9**<sup>th</sup>, we will close our summer reading program with a magic show and an ice cream party. Certificates and prizes will be awarded.

Because of all the activity during the summer reading program, story hour will be limited to once

a week on Fridays at 11:00 am. On **Monday**, **August 15**<sup>th</sup>, regular programs will resume.

Submitted by Ben Brown, Acting Library Director

## Epping Parks & Recreation Department News

Home of the "River Otters" Director: Nicole Bizzaro Cell Phone: 608-9487

Recreation Dept. Main Phone Number: 679-3006

eppingrecreation@gmail.com

Join us on Facebook and follow us on Twitter

If you need to reach the Department, please contact Nicole, Recreation Director via e-mail at <a href="mailto:eppingrecreation@gmail.com">eppingrecreation@gmail.com</a> or cell at 608-9487.

Now that Watson Academy is open again, we are getting back to business. The Epping Parks & Recreation Department has been busy at work, meeting with potential new instructors and staff to develop future programs and offerings at Watson for the town residents. For more information and to register, please contact the Recreation Department via e-mail at eppingrecreation@gmail.com or visit our website at www.EppingRecreation.org.

Please check out our website and our Facebook page for announcements and program updates.

## Looking for something fun and inexpensive to take your kids to this summer in Epping?

Look no further... Our Annual Friday Family Fun Events kicked off Friday, June 27<sup>th</sup> at the EES gym from 10:30-11:30am.

(Please park in back dirt lot behind EES and use back gym door for EES Gym programs this summer.)

Here's the plan for the rest of the summer:

**July 29** – Boston Museum of Science "Super Cold Science" Show (10:30 -11am)

Aug. – Wildlife Encounters Animal Show

All Events are open to the public and held rain or shine!

Admission is by donation only. Suggested donation is \$2 per person or \$5 per family. Donations are appreciated, but are not required. All collected donations will go toward Phase 2 of Mary Blair Park Natural Playground!

### **Preschool Sports**

If you are looking for beginning and advanced team sports-related programs for children ages five+, please visit the Epping Youth Athletic Association (EYAA) website at <a href="https://www.eyaa.org">www.eyaa.org</a> for sports programs offered in Epping.

### Let's Get Movin' Yoga & Nutrition

#### **Preschoolers and Parents**

Time: Thursday 10:00 – 11:00 am

Ages: 3-5\*

Cost: \$30 for 4-week session

Please register by visiting the Rec. Dept. website at

www.eppingrecreation.org

Download a registration form and drop off at Town Hall or Watson or mail to Epping Rec. Dept. at 157 Main Street, Epping

Bring your mat and join the fun!

Cheryl Rossman RYT500957-0416 crossnh@comcast.net, www.letsgetmovin.com

\*If your child is younger than 3 and you feel they will benefit from the program feel free to call to discuss.

# Martial Arts Programs at Epping Recreation and Elementary School (offered by Epping ATA)

Karate Classes

Mondays (EES Gym) and Thursdays (MS Stage) 3:10 – 4:15 pm, \$65 per month

For more information or to sign up your child, please contact Mrs. DeNapoli at 674-6599 or e-mail her at <a href="mailto:eppingata@gmail.com">eppingata@gmail.com</a>.

\*\*\*ALL beginners receive a FREE Uniform.\*\*\*

#### Summer Youth Golf Clinic

The Epping Parks and Recreation Department is continuing it's tradition of teaming up with the Twin Pines Driving Range on Rt. 125 in Epping, to offer a 9-week group lesson golf clinic. The Clinic includes one hour of group lessons weekly, driving range use for practice during the week, use of our NEW junior golf clubs, and one round of golf at Apple Hill Golf Course for an instructional game to close out the summer program!

For: ages 8-14

Dates: Mostly Sundays June 12-Aug. 14

Cost: \$90

Please download the Golf Brochure and Registration Form from the Rec. website or pick one up at Town Hall, Watson Academy or Twin Pines Driving Range, located at 526 Calef Highway, Epping.

Registration is due by **June 1**<sup>st</sup> or until space is filled!

8<sup>th</sup> – 12<sup>th</sup> Grade CIT program is back again this year. Students who like working with children and want to gain experience may apply to be a

Counselor-In-Training. School year and summer positions are available and it's FREE! For an application, please contact the Rec. Dept.

Both the Application and two Reference Forms need to be returned to the Recreation Director at Town Hall, 157 Main Street, for review. Without references (non-related), applications will not be accepted. CIT positions are limited! We will call all applicants in for an initial interview with the Recreation Director and Program Director. The CIT program is not a full summer, full week program. Each CIT will be given a schedule of days and hours they will be assigned to complete their volunteer time with us. CIT's will ASSIST staff in running programs for kids, preparing materials for programs, helping with general clean up after programs and being role models for children participating in programs. Most CIT hours are completed on school grounds (no field trip hours). If a CIT shows exemplary skills in assisting children during on-grounds programs, we may contact those parents to arrange for field trip volunteer hours.

#### **Adult Programs**

Please check our Facebook page for updates, including cancellations on all programs.

#### **Adult Basketball**

Want to play some adult basketball? Come join The Epping Recreation Department for some pick up co-ed basketball in the Epping Middle School Gym on Sunday nights.

<u>Day / Time</u>: Sunday – 7:00 – 9:00 pm <u>Location</u>: Epping Middle School Gym

<u>Cost</u>: \$30 for 10 nights – Please make check out to the "Town of Epping." If paying in cash, please bring exact change.

Each participant is required to sign a waiver form prior to playing and payment. Waiver forms will be available at the gym. We will have a sign-in sheet, to keep track of the days used. Once you have used your ten nights, please bring in your next payment of \$30 for ten additional nights. You will not be allowed to play if we do not have a signed waiver and payment. The payment covers the cost of the staff to provide this program.

We will also notify you via e-mail of any program changes, so please provide a current e-mail address.

### Let's Get Movin' Yoga & Nutrition Senior/Adult

Time: Thursday 11:15-12:00 pm Cost: \$25 for 4-week session

Please register by visiting the Rec. Dept. website at

www.eppingrecreation.org

Download a registration form and drop off at Town Hall or Watson or mail to Epping Rec Dept at 157 Main Street, EppingBring your mat and join the fun!

Cheryl Rossman RYT500957-0416 crossnh@comcast.net, www.letsgetmovin.com

#### The Porch

Our goal is to demonstrate the unconditional love of God to our community by building relationships, meeting physical and financial needs, and sharing the Gospel of Jesus that transforms lives.

Epping Lighthouse will benefit the community in numerous ways, including:

Running a youth center for teenagers Running a children's after-school program Giving financially to families who are in need

Organizing various programs for teenagers to service others

#### **Kids Club**

Our kids club is for kids in grades 1-5.

Providing free family counseling

We will provide free pick up from EES, and provide snacks and drinks at no charge.

We have a structured time of singing, Bible Time and Game Time.

The club starts at 3:15 and goes until 5:00 pm.

#### Teen Central

Our Teen Central is geared for grades 6-12.

We offer pool, ping-pong, air hockey, and foosball.

We also have computers, a TV, board games and provide snacks and drinks at no charge.

Teen Central opens at 2:30 and goes till 4:30.

We provide classes and other events throughout the year as well.

We require all of our workers to complete a background check.

If you are interested, please check us out at <a href="www.eppinglighthouse.org">www.eppinglighthouse.org</a> or you can e-mail us at <a href="eppinglighthouse@hotmail.com">eppinglighthouse@hotmail.com</a> to request a form.

## **Families First**

support for families...health care for all

Epping Family Morning Out Fridays, 9:30-11 a.m. (For five weeks this summer: July 15-Aug. 12) For children ages birth to six, with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults and enjoy songs, stories and snack. Facilitator: Patricia Keck. Held at the SAU 14 Building, 213 Main Street, Epping. Cost: Free Advance sign-up not needed

Exeter Family Morning Out Thursdays, 9:30-11 am. For children ages birth to six, with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults, and enjoy songs, stories and snack. Facilitator: Patricia Keck. Held at Exeter Parks and Recreation (32 Court Street, Exeter). Cost: Free. Pre-registration not needed.

For information call 422-8208, press 2, or visit http://www.familiesfirstseacoast.org/programs.cfm.

All parents and children are welcome at our Parenting Classes, Parent-Child Groups and Parent Groups. Advance registration is needed for most programs and is always needed for childcare; please go to <a href="FamiliesFirstSeacoast.org">FamiliesFirstSeacoast.org</a> and click on the Register for Family Programs button, or call 422-8208 x2.

## Epping Students in the News

Tess Elizabeth Kucera was awarded a Bachelor of Arts degree in Communication Sciences and Disorders from Baylor University during commencement exercises on May 13 and 14.

The following students graduated from the University of New Hampshire during the commencement ceremony held Saturday, May 21<sup>st</sup> in Durham, N.H. Students who received the honor of Magna Cum Laude graduated with a GPA of 3.50-3.69.

**Natalie Justine Bilynsky** BS in RMP Therapeutic Recreation Magna Cum Laude

Nicolas Jeffrey Carano, BS in Health

Management & Policy

Justin Michael Cawley, BS in Economics Christopher R. Dunleavy, MS in Analytics Bridget Mary Fitzpatrick, BA in English Teaching Molly, Beth Fitzpatrick, BA in Sociology **Brooke Ashlen Gatchell**, AAS in Applied Business Management

Lauren Ann Haley, BA in Psychology Taylor Kayleen Higginbottom, BA in Psychology Paul Colin Liversidge, AAS in Civil Technology Kyle Harris Pimentel, AAS in Applied Animal Science

Michael R, Ralph, MSW in Social Work Amy Lauren Simon. BA in Philosophy Sara Elizabeth Sturzo, BS in Kin. Sports Studies Ashley Dawn Valdes, MPH in Public Health

Epping students named to the Dean's List for the Spring 2016 semester.

University of Vermont

Alexandra Oljemann Sarah Clements

Keene State College

Nathan Cameron Brett Couture

Jamie Craig

Rachel Kaplan

**Marina McCartney** 



## Epping School District News School Board Meeting Schedule

The Epping School Board holds regular meetings at 7:00 pm in the Epping Town Hall. The public is invited to attend. Meetings are also televised by ETV. Agendas and minutes are posted on the district website at <a href="https://www.sau14.org">www.sau14.org</a> under School Board/Agenda & Minutes. ETV is also streaming meetings that you can watch live on your computer at: <a href="http://etv.22.pegcentral.com">http://etv.22.pegcentral.com</a>.

July 7<sup>th</sup> and 21<sup>st</sup>
August 4<sup>th</sup> and 18<sup>th</sup>

## Epping Elementary School (EES) EES School Calendar

July

July 4-8- The school office will be closed

<u>July 12</u> – The school office will reopen. Summer hours 8 am-3 pm Tuesdays and Thursdays. Main office closed Mondays and Fridays

<u>July 12-Aug. 11</u> – Extended Year Program is offered in all academic areas Tues, Wed, Thurs – 8-11 am

<u>July 12-Aug. 4</u> – RAMP, reading and math reinforcement Tues, Wed, Thurs – 8-11 am

#### August

<u>Aug. 24</u> – New Student Orientation for new incoming students in grades 1-5 will be held at EES from 9-11 am

#### September

<u>Sept. 6</u> – First Day of School Celebration for students in Grades 1-5 from 8:20 – 9:30 am. Parents are invited to join their children and our teachers and administrators on our first day of school. This celebration is an opportunity for parents to meet other parents, get to know the people who have a shared interest in your children's education and learn some easy and effective ways to help them throughout the school year.

**Sept. 6** – Preschool Orientation. Teachers will be sending information home regarding the time your child is scheduled for this orientation

**Sept. 7** – First Day of School for Preschool

<u>Sept. 7</u> – Kindergarten Orientation. Teachers will be sending information home regarding the time your child is scheduled for this orientation

**Sept. 8**– First Day of School for Kindergarten

## First Day of School Celebration!

Dear Parents.

You are cordially invited to join your child and our staff on our first day of school. This celebration is an opportunity for you to help your child enjoy the first day of school. You'll meet parents of your child's classmates, get to know the people who have a shared interest in your child's education, and learn some easy and effective ways to help them throughout the school year. We look forward to seeing you!

Date: September 6, 2016 Time: 8:20 to 9:30 am

Place: Epping Elementary School

## 2016-2017 Epping Elementary New Student Orientation

You are invited to attend an Orientation for incoming new students for Grades 1 - 5

**Date: August 24, 2016** 

Time: 9:00 am

Where: Epping Elementary School

The following documents are needed for your

child to start school:

Official State Birth Certificate

Immunization Records

Physical (done within the last 12 months)

Proof of Residency

If you have any questions, please call Kate Mongeon at 679-8018

## Fourth Quarter Honor Roll Grade 3

#### **High Honors:**

Eoghan Brown, Evan Deloge, Hailly Demers, Leonie Dickerson, Shayla Foster, Garrett Follansbee, Piper Gagne, Nathan Gallant, Anna Gatchell, Nev Haugh, Emma Hynds, Sawyer Idell, Nathaniel Johnson, Jim Le, Jordyn Lee, Samantha Listovitch, Tyler Morang, Adam Munguia, Mikayla Picard, Abigail Stich, Zachary Tessier, Patrick Thompson, Landon Toomire, Lilyan West, Maria Wheeler, Cameron Wishart, Reed Yates

#### Honors:

Morgen Bertogli, Emily Carleton, Natalia Costanzo, Trevor DeCourcy, Lindsey Duffy, Lili Fawcett, Haylee Fields, Riley Gagnier, Maria Guenard, Nathaniel Johnson, Aubree Marcheterre, Haley Marshall, Kallissa Marquez, Keira McElreavy, Hayden Miskinis, Presley Nichols, Kyle Peck, Jacob Purington, Jazmine Raymond, Kierra Souphakhot, Tiernan Sousa, Christopher Tagliaferro, Piper Vetter, Allison Whitesell, Madison Whitty, Lilly Yergeau

### Caring Eagles:

Alyssa Bartlett, Morgen Bertogli, Jackson Boelter, Eoghan Brown, Emily Carleton, Natalia Costanzo, Trevor DeCourcy, Evan Deloge, Leonie Dickerson, Shayla Foster, Anna Gatchell, Maria Guenard, Nev Haugh, Eric Hull, Emma Hynds, Sawyer Idell, Nathaniel Johnson, Jim Le, Jordyn Lee, Samantha Listovitch, Aubree Marcheterre, Kallissa Marquez, Haley Marshall, Keira McElreavy, Hayden Miskinis, Tyler Morang, Adam Munguia, Presley Nichols, Abigail Parenteau, Kyle Peck, Mikayla Picard, Jacob Purington, Raymond, Kayla Schumann, Kierra Souphakhot, Tiernan Sousa, Keith Spencer, Abigail Stich, Mackenzie Sullivan, Christopher Tagliaferro, Zachary Tessier, Landon Toomire, Piper, Vetter, Lilyan West, Maria Wheeler, Allison Whitesell, Madison Whitty, Cameron Wishart, Reed Yates

## Grade 4 High Honors:

Ayla Bennett, Aviendha Blakney, Troy Coleman, Robert Currier, Dylan DuLong, Isabella Greubel, Amelia Harper, Wyatt Idell, Chanah Katz, Shawna Lin, Lillian Long, Autumn Loving, Myleigh Martin, Maelie McAniff, Sarah McTague, Casey Morin, Autumn Patterson, Aleila Pereira, Annabelle Shumway, Eva Simpson, Aria Smith, Logan

Snyder, Charlize Stevens, Jacob Twombly, Delaney Yates, Ryan Zheng

#### Honors:

Nichola Albro, Robert Bizzaro, Aiden Blakney, Jessica Brassil, Elysia Cancel, Daniel Ciriello, Samantha Cronshaw, Richelle Currier, Abigail Deary, Scarlett Demars, Brady Dwyer, Tessa George, Colin Hallinan, Cameron Hansen, Lauren Johnson, Malaney McAniff, Logan Puchlopek, Aiden Rossel

#### Caring Eagles:

Nichola Albro, Robert Bizzaro, Aviendha Blakney, Jessica Brassil, Abigail Deary, Dylan DuLong, Brady Dwyer, Isabella Greubel, Carlos Guenard, Amelia Harper, Wyatt Idell, Lauren Johnson, Chanah Katz, Shawna Lin, Lillian Long, Autumn Loving, Myleigh Martin, Maelie McAniff, Malaney McAniff, Sarah McTague, Leland Perron, Devyne Pizz, Hermione Porter, Logan Puchlopek, Aidan Rossel, Annabelle Shumway, Skyler Simard, Eva Simpson, Aria Smith, Logan Snyder, Charlize Stevens, Jacob Twombly, Delaney Yates, Ryan Zheng

### 5<sup>th</sup> Grade High Honors:

Riley Ahlschlager, Brooke Bacon, Kaelin Beattie, Cooper Bernier, Ethan Coldsmith, Jared DeCourcy, Leah Hackett, Kaylin Hennessy, Daniel Johnson, Brady Lewis, Nathan McTague, Mackenzie Milbury, Sophia Morang, Lindsey Parents, Miriam Peck, Luke Snyder

#### **Honors:**

Conner Altbergs, Sophie Bade, Devan Bartlett, Jada Bartlett, Ta'lisa Burnett, Kate Chapman, Austin Clark, Larissa Demeritt, Aiden Dyer, Allison Galante, Christian Ginsberg, Olivia Gosselin, Samuel Gosselin, Jordan Horton Owen Horton, Payton Hull, James Le, Cassidy Lustenberger, Jillian Mallett, Calynn Marcheterre, Madison Milliken, Pacy Morgado, Dillin Munroe, Brooke Needham, Maiya Poloian, Brady Powicki, Annalee Roy, Carly Sanborn, Olivia Sousa, Christopher Sullivan, Tyler Valdez, Sarrah Wilkins, Alexa Williamson, Aaron Wyatt

#### **Caring Eagles:**

Riley Ahlschlager, Connor Altbergs, Olivia Armstrong, Sophie Bade, Brooke Bacon, Devan Bartlett, Kaelin Beattie, Maddison Beltran, Cooper Bernier, Ta'lisa Burnett, Kaitlyn Chapman, Austin Clark, Ethan Coldsmith, Jared DeCourcy, Aiden Dyer, Allison Galante, Olivia Gosselin, Samuel Gosselin, Leah Hackett, Kaylin Hennessy, Owen Horton, Daniel Johnson, James Le, Brady Lewis,

Cassidy Lustenberger, Jillian Mallett, Calynn Marcheterre, Nathan McTague, Victoria Merrill, Mackenzie Milbury, Madison Milliken, Sophia Morang, Pacy Morgado, Brooke Needham, Lindsey Parents, Miriam Peck, Maiya Poloian, Brady Powicki, Annalee Roy, Carly Sanborn, Luke Snyder, Olivia Sousa, Tyler Valdez, Alexa Williamson

Submitted by Cheryl Macleay

## **Epping Middle School (EMS)**A Little Kindness Goes a Long Way



Throughout this school year, Epping Middle School's *Good Moves* program gave students "caught" being kind an opportunity to win prizes through drawings held during our monthly PRIDE assemblies. At our end of the

year PRIDE celebration assembly, we recognized these positive members of our school community. Students who exemplified our school's Guiding Principles were nominated by their teachers and one student was selected by lottery to win a new mountain bike. Students recognized were:

**Grade 6:** Dylan Comeau, Aiden Comferford, Autumn Huggins, Rachel Robinson and Zach Rogers

**Grade 7:** Vanessa Clark, Alyssa Higginbottom, Ashlan Idell, Zack Newell and Jacob Perkins-Fowler

**Grade 8:** Mikayla Berger, Laura Duguie, Sammy Johnson, Karissa Martin and Ryan Moulton

Sixth grade student, Aiden Comerford was our winner. Needless to say, he was very excited!



Epping Middle School would like to express our deepest gratitude to the *Epping Lion's Club* and *DG Cycle Sports* of Epping for their combined help with

acquiring this amazing mountain bike and for their support of the students of Epping Middle School.

#### **EMS Leadership**

The EMS Leadership group yet again delivered during this years' *Granite Youth Alliance Film Festival!* The student-made films raise awareness about the value of peer leadership and the dangers of substance misuse. During the premier at the O'Neil Cinemas in Epping, the students from EMS had their moment in the spotlight as they spoke in front of a packed house about the filming process and prescription drug abuse prevention.

Visit <a href="http://www.uwgs.org/films/">http://www.uwgs.org/films/</a> to view their amazing creation.



The EMS Leadership group on the red carpet at the 2016 Film Festival at O'Neil Cinemas, Epping, NH.

### Fall Sports Registrations

Due to an informational software change at the district level, student athletes for the fall season will be required to fill out and present a physical piece of paper known as *The Warning and Consent Agreement*. This will allow your son or daughter to be eligible to compete in fall sports. This document may be found on the Middle School Athletics page on our website, sau14.org.

If you have any questions, please contact Larry Averill, EMS/EHS Athletic Director at 679-5472 x253 or laverill@sau14.org.

## **EMS Summer Traveling Library**



This summer EMS has created an exciting new program! Each Wednesday during the weeks of summer school, July 12th through August 11th, the EMS

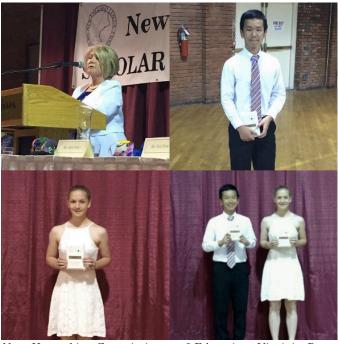
library will deliver to your door! The traveling library will bring books to students at home. If you know a book that your student would like to read, please e-

mail the request to <a href="mailto:tthompson@eppingsd.org">tthompson@eppingsd.org</a> or dlaplante@eppingsd.org.

The traveling library will be stopping at homes that have requested the books between 11am and 12pm. If your student would like a book but doesn't have a specific request; send an email and we will have a selection of books available. We are looking forward to a wonderful summer of reading!

#### 2016 NELMS Scholar Leader Awards

On May 26<sup>th</sup>, Joey Zheng and Laura Duguie are honored at the NELMS Scholar Leader Awards Banquet. Both were accompanied by their parents, Mrs. Weisberg, Ms. Dyer, Mr. Ernest and Mrs Gualtieri. EMS celebrates our scholar leaders!



New Hampshire Commissioner of Education, Virginia Barry speaks to the scholar leaders at the awards banquet at the Radisson Hotel, Manchester, NH.

### **Eighth Grade End of the Year Festivities**

EMS celebrated our eighth grade class with several events and activities to commemorate the completion of their middle school careers.

The festivities began with a student breakfast which featured a slideshow hallmarking our eighth grade student's lives at EMS from sixth to eighth grade. Our Recognition Night honored our eighth graders and their academic accomplishments. Students were also presented with certificates commemorating their advancement to the high school.

#### Field Day 2016

Field Day is an annual tradition at EMS where the last day of school brings out the Epping PRIDE in everyone! Students and staff participated in many activities both in an outside that tested their might! This years' winners were the seventh grade; beating out the eighth grade by one point!

Submitted by Susan Gualtieri

# **Epping High School (EHS) Epping High School Royalty at the Epping High School Junior Prom**



#### **Quarter 4 Honor Roll**

Epping High School announces its Honor Roll for Quarter 4 of the 2015/2016 school year. Congratulations to the following students:

### Grade 9 Principal's List:

Mikayla Ball, Madison Downing, Meghan Galante, Brandon Hutchins, Gracia Jordan, Emilie LeBlanc, Adam LePage, Maya Martin, Rachel Martin, Alexis McDuffee, Destiny McKay, Allison Nee, Casey Needham, Jennifer Nikolova, Lily O'Connell, Shelby Prestridge, Julianna Re, Lauren Robbins, Abby Simard

#### Honors:

Addison Bickford, Marc Giudice, Shawn Hill, Ryan Johnson, Ashley Martin, MacKenzie Newman, Michaela Sable, Morgan Shanley,

#### **Honorable Mention:**

Adria Bennett, Valentinus Clark, Benjamin Colban, Benjamin Fowler, Hannah Hamel, Emily

Jackson, Jenna Lavoie, Megan Marasca, Sarah Parenteau

#### Grade 10

#### Principal's List:

Keelin Berger, Riley Brissette, Evelyn Carleton, Emma Coolidge, Stephanie DiFrancesco, Konrad Hodgman, Rebecca Milbury, Katie Pelletier **Honors**:

Veronica Hackett, Parker Holt, Jay Idell, Kiley LaFond

#### **Honorable Mention:**

Everett Brown Jr, Victoria Comerford, Anthony Giudice, Brianna Marshall, Skylar Mazo, Brendan Sacco, Ryan Sylvain, Kayla Wells, Caleb West

#### Grade 11

#### Principal's List:

Madelyn Bentz, Vincentius Clark, Emily Colban, Nicole Dollard, Alexander Johnson, Brandi McKay, Jacob McKay, Brenna Osgood, Sabrina Patterson, Sophia Randall

#### Honors:

#### **Honorable Mention:**

Abigail Ball, Thomas Bullock, Caitryn Bushor, Kristina Davidson, Nicholas Funai, Carson Lustenberger, Mark Marasca, Paige Perdue, Matthew Pipitone, Jackson Rivers, Devyn Simard, Garrett Snyder

#### Grade 12

#### Principal's List:

Thomas Ayer, Hanna Chomas, Abigail Dulin, Bradley George, Olivia Goodrich, Jordan Higginbottom, Desirae Makin, Madeline Marchisio, Deanna McCullen, Noelle Nee, Chloe Pelletier, Elizabeth Powell, Zyan Prestridge, Hunter Quist, Sabrina Rivers, Bryanna Wilson

#### Honors:

Nicholas Arsenault, John Boomhower, Brandon Demarais, Ryen Gallagher, Jessica Gosselin, Glenn Hagan, Melissa Hinton, Ashley Krenzer, Alison Lambert, Katelyn Sable

#### **Honorable Mention:**

Sarah Gerry, Ashley MacLeod, Brandon Mailhot, Bryce Pietrini

#### EHS Class of 2015 Top Ten

**Noelle Nee,** daughter of Lisa and Paul Nee, is the valedictorian of the Class of 2015. She plans to attend the University of New England in Biddeford, Maine, to study elementary education.

Madeline Marchisio, daughter of Tracy Young and Walter Marchisio, is the salutatorian of the

Class of 2015. She plans to attend the University of New Hampshire in the Honors Program to study hospitality management.

**Hanna Chomas** is the daughter of Roxanne and Scott Chomas. She plans to attend the University of Oregon to study marine biology.

**Deanna McCullen** is the daughter of Christy and Robert McCullen. She plans to attend St. Anselm College to study biochemistry.

**Bradley George** is the son of Tina and Warren George. He plans to attend the University of Iowa tin the Air Force ROTC program to study mechanical engineering.

**Chloe Pelletier** is the daughter of Lynn and Dan Pelletier. She plans to attend Franklin Pierce University in Rindge, to study physical therapy.

**Sabrina Rivers** is the daughter of Laura and Eric Rivers and the late Michelle Perry Jameson. She plans to attend Franklin Pierce University, where she will be a member of the women's soccer team and study psychology or law.

**Bruce Pietrini** is the son of Tacheryn and Sean Morrison. He plans to attend Norwich University in the Air Force ROTC program to study biochemistry.

**Zyan Prestride** is the son of Christi and Stephen Schoepke. He plans to attend the University of New Hampshire to study computer science.

**Alexa Wells** is the daughter of Judy and Scott Wells. She plans to attend Worcester Polytechnic Institute to study biomedical engineering.

## E-mail Address Changed?

If your email address has changed, please notify Barbara Helmstetter at: bhelmstetter@comcast.net.

#### Newsletter Schedule

Have we missed your group or event? Please let us know. Our purpose is to include as many Epping groups and events as possible.

The next issue (September-October) of this newsletter will be available on September 1, 2016. We will accept submissions through August 25, 2016, to be included in the next issue. Please send your content with contact information for consideration to bhelmstetter@comcast.net.

If you would like your next event to appear on the Calendar of Events, please send us an e-mail at <a href="mailto:bhelmstetter@comcast.net">bhelmstetter@comcast.net</a> by August 25, 2016. Please include the date, event name, location and time.

Thanks for reading! - The Communications Group

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## Epping Calendar of Events for July 2016

July 1- Aug. 9	Summer Reading Program at the Library
July 1- Aug. 9	Library story hours limited to only Fridays at 11 am during Summer Reading Program
July 2	Epping Community Church Food Pantry – 8:00-10:00 am
July 4	INDEPENDENCE DAY - Town Hall and Library closed
July 4-8	EES Office closed
July 5	Bedtime Math Activity at the Library 11:00 am to noon
Uly 7	Diane Kordas presents her puppet show at the Library – 11:00 am
July 7	Epping School Board meeting in Epping Town Hall – 7:00 pm
July 8-24	"Oliver" at the Leddy Center
July 9	Summer Concert at Camp Hedding – 6:00-9:00 pm
July 9	Epping Community Church Food Pantry – 8:00-10:00 am
July 10-14	Cub Scout Summer Camp
July 10	American Legion Post 51 Sunday Breakfast Buffet – 8:00-11:00 am
July 10	Epping Garden Club meeting – 8:30 am
July 12	Epping Night at the Drags – 6:00-9:00 pm
July 12-Aug. 11	Extended Year Program, Tues., Wed., Thurs. – 8:00-11:00 am
July 12-Aug. 11	RAMP – reading & math reinforcement, Tues., Wed., Thurs. – 8:00-11:00 am
July 12-Aug. 11	EMS Traveling Library between 11:00 and noon
July 12	K & H Theatre Arts Group do a Kinetic Art Activity at the Library – 1:00 pm
July 14	Epping Seniors meet at Watson Academy – 1:00 pm
July 15	Blood Drive at Providence Baptist Church – 1:00 -6:00 pm
July 15	Epping Family Morning Out starts – Fridays for 5 weeks (July 15 – August 12)
July 16	Epping Community Church Food Pantry – 8:00-10:00 am
July 18, 19	Layne Case gives 2 day Writing Program at the Library for ages 3 and up
July 19	Learn about Water Science – Smyth Public Library, Candia – 6:00-7:00 pm
July 19	275 <sup>th</sup> Birthday Bash Committee meeting at the Town Hall – 7:00 pm
July 19	Library Board of Trustees Meeting – 7:15 pm
July 20	Cub Scout Pack Meeting at Epping Elementary School – 6:30-8:00 pm
July 20	Dusty Old Mystery Book Club at the Library – 7 pm
July 21	Sewing Project "Make an Apron" for boys and girls ages 7 and up – 1:00-3:00 pm
July 21	Epping School Board meeting in Epping Town Hall – 7 pm
July 21	Recreation kids Ice Cream Social for Seniors
July 23	Epping Community Church Food Pantry – 8:00-10:00 am
July 26	Epping Lions Club meeting at the Library – 6:30 pm
July 26	Learn about the Lamprey's Aquatic Critters – meet at the (HMML) Library-12:45 pm
July 29	Friday Family Fun Event – "Super Cool Science Show" at the EES Gym – 10:30 am
July 30	Boy Scout Cookout Court of Honor
July 30	Epping Community Church Food Pantry – 8:00-10:00 am
July 31-Aug. 6	Boy Scout Summer Camp

## Epping Calendar of Events for August 2016

Date	Event
August 2	K & H Theatre Program on "Acting in Action" at the Library – 1:00 pm
August 5	Friday Family Fun Event – Wildlife Encounters Animal Show at the EES Gym
August 4	Epping School Board meeting in Epping Town Hall – 7:00 pm
July 31-August 6	Boy Scout Summer Camp
August 6	Epping Community Church Food Pantry – 8:00-10:00 am
July 1- Aug. 9	Summer Reading Program at the Library
July 1- Aug. 9	Library story hours limited - only Fridays at 11 am during Summer Reading Program
August 9	Closing Day of Reading Program – Magic show, Ice Cream Party and Prizes
August 10	Windham Concert Band at American Legion (Rain date: August 11) – 7:00 pm
August 11, 16, 18	Leah Gatchell conducts Yoga classes in the Library Youth Room – 11 am
July 12-August 11	Extended Year Program, Tues., Wed., Thurs. – 8:00-11:00 am
July 12-August 11	RAMP –reading & math reinforcement, Tues., Wed., Thurs. – 8:00-11:00 am
July 12-August 11	EMS Traveling Library between 11:00 and noon
August 13	Epping Community Church Food Pantry – 8:00-10:00 am
August 14	American Legion Post 51 Sunday breakfast – 8:00-11:00 am
August 14	Epping Garden Club Meeting - 8:30 am
August 14	Fiber Fest at Riverslea Farm – 10:00 am-2:00 pm
August 15	Regular Story Hour program hours resume at the Library
August 16	Library Board of Trustees Meeting – 7:15 pm
August 17	Dusty Old Mystery Book Club at the Library – 7 pm
August 17	Cub Scout Pack Meeting at Epping Elementary School – 6:30-8:00 pm
August 18	Epping School Board meeting in Epping Town Hall – 7:00 pm
August 20	Epping's 275 <sup>th</sup> Birthday Celebration – All Day (Grand Parade to Fireworks)!!!
August 20	Epping Community Church Food Pantry – 8:00-10:00 am
August 20	"Splash and Dash Canoe and Kayak Race"- Schanda Park, Newmarket
August 22	Epping Lions Club meeting – 6:30 pm
August 25	DEADLINE DATE for the September-October issue of the Newsletter
August 26	Pastor Wayne Van Gundy's official final Sunday at Epping Community Church
August 27	Epping Community Church Food Pantry – 8:00-10:00 am
September 6	First Day of the 2016-2017 School Year

If you would like your next event to appear on the Calendar of Events, please send us an e-mail at <a href="mailto:bhelmstetter@comcast.net">bhelmstetter@comcast.net</a> by **August 25, 2016**. Please include the date, event name, location and time.